

ST AUSTELL ARTS CENTRE COVID GUIDANCE 1st SEPTEMBER 2021

1. Do not enter the building if you have any symptoms of COVID-19. Although there are others, the most important and common symptoms of COVID-19 are recent onset of any of the following:
 - A new continuous cough
 - A high temperature
 - A loss of, or change in your normal sense of taste or smell (anosmia)
2. If you have any cause to think you might have COVID-19, please take a Lateral Flow Test. These are available free of charge from local pharmacists or may be ordered online via the Gov.UK website. Find out about Covid Testing here:
<https://www.nhs.uk/conditions/coronavirus-covid-19/testing/>

If you aren't already "double-jabbed", please book an appointment for vaccination. Find out where you can get vaccinated here:
<https://www.kernowccg.nhs.uk/your-health/coronavirus/covid-19-vaccine/>
3. Upon entering the Arts Centre, scan the QR code. The code is displayed on the table inside the front door and in every room.
4. Sanitise your hands upon entering and leaving the building. There are hand sanitisers at the entrance and in every room.
5. Wear a mask when indoors, unless your activity, or personal circumstances exempt you from doing so.
6. Maintain social distancing as much as is possible
7. Keep rooms ventilated by opening windows, or keeping doors open. If you open a window please close it afterwards.
8. Wash your hands after using the toilet.
9. You are welcome to use the kitchens, if you need to. However, please limit numbers to a maximum of two from each group. You may prefer to bring and use your own mugs, vacuum flasks or water bottles instead.
10. Be patient and considerate towards others you meet in the building.

The above points are suggestions for you to follow. By doing so, you will help make using the Arts Centre as safe as possible for all to enjoy. Thank you.