

### **3rd February - James Murray - "Gershwin - How We Love You."**

During a career that lasted a mere twenty years George Gershwin (1898 – 1937) rose from song-plugger on Tin Pan Alley to a composer equally respected on Broadway, in the West End, in Hollywood and concert halls around the world. Few song-writers have been so widely performed by so wide a variety of artists; compilation recordings continue to find new and ever younger audiences. However, in common with many artists, fame and adulation during his lifetime did not necessarily bring happiness and the circumstances that led to his death at the age of thirty-eight are tragic indeed. James traces Gershwin's remarkable career from Broadway to the West End and Hollywood with the aid of numerous illustrations from his life and recordings both old and new.

### **3rd March - Rachel Faulkner of Active Cornwall - "Live Longer Better "**

This is a talk about an exciting new programme set up by Sir Muir Gray (Director of Optimal Ageing). It is a programme to increase the health span for older adults. There is a video which explains the programme on the following link:

<https://bit.ly/SirMuirGray>

### **7th April - Pamela Vass - "Breaking the Mould - The Suffragette Story in the South West**

On August 4th, 1913, a car was spotted speeding away from a Devon mansion late at night. Moments later flames lit up the sky. Newspapers were filled with speculation that suffragettes were to blame. Truth or fiction? This one question opened a door to the fascinating story of the fight for the vote in the south west – not a tale of a sleepy rural backwater but of women prepared to protest at political meetings, recruit in the streets, join mass rallies in London, and suffer the agony of forced feeding in Holloway. All this ... and the biggest sleepover the region has ever known! This multimedia presentation includes original film footage, numerous illustrations, first hand suffragette accounts and readings from 'Breaking The Mould'.

Pamela is an author and speaker specialising on West Country stories.

### **5th May - Sid Lyndon - Charlestown Time and Tide**

Sid's family has lived in Charlestown for over 200 years. He conducts historic walking tours around the village and has written a fascinating book on the subject.

### **2nd June - Anthony Hereward - Climate Change – "What Can We Do**

Anthony is a scientist booked through member Wendy Earl (Climate Action St Austell) . How we can make small changes that will help delay climate change?