St Austell u3a July 2023 Newsletter

Firstly, I am pleased to advise members that Gulbin Brown and Chris Timmins have been co-opted on to the committee. Both Gulbin and Chris have much experience and enthusiasm to offer and the rest of the committee very much look forward to working with them.

AGM

Our Annual General Meeting will take place on Thursday 5th October at the Arts Centre. Maryanne Thomas has decided to step down from her roles as Chair and as Groups Co-ordinator at the AGM. If you would like the opportunity help your u3a and join the Committee please submit a completed Nomination Form with a brief "resume". (I have attached my own as an example) The form is available on the website <u>HERE</u> and must be received by the committee no later than 7th September 2023.

u3a Meetings

It is essential that for **all** meetings **all** members bring their Membership Cards and Prepayment Cards. Furthermore all Group Convenors must ensure that a record is kept of every group meeting to ensure compliance with the terms of our insurance. A form for this purpose is available on the website <u>HERE</u>.

Speakers

Alli Piggott and Jennie Massey gave us an interesting insight into the history and work of Barnardos in the UK. If you would like more information please visit <u>www.barnardos.co.uk</u>

Our next speaker will be on Thursday 3rd August when we will welcome Sue Kittow a freelance journalist, poet and author of four unusual books on Cornish walks. Sue will take us on a walk in the footsteps of Daphne Du Maurier and other Cornish Writers.

We would ask all members attending Speaker Meetings to please consider that the volunteers in the kitchen, group leaders in the assembly room and the committee need time to clear up **before** the start of the talk. Please do not expect drinks to be served, or to make payments for events or prepayment cards after 10.15am.

Christmas Event

Last Christmas groups worked together to produce a fabulous event. We would love to make this year's event even better. Please give some thought to how your group could get involved.

Short Walks

The next walk is on 28th July at Minions on Bodmin Moor. The full list for 2023 is available on the website. Please contact Roger Jones if you would to join the walks. roger.jones@staustellu3a.org

If you are a Social Media user you can follow St Austell u3a on:

Facebook : https://www.facebook.com/StAustellU3A

Instagram: https://www.instagram.com/staustellu3a/

Twitter: https://twitter.com/@StAustellU3A

Please like, share and retweet.

Best Wishes

Chris Crane

(Please do not reply to this email)