

St Austell u3a August 2023 Newsletter

AGM

Please ensure that you add Thursday 5th October to your diary to attend St Austell u3a AGM. We would like to see as many members as possible attend and help steer us through the next twelve months and beyond. If you feel that you can offer some time to serve on the committee, a Nomination Form is available on the website. https://staustellu3a.org/wp-content/uploads/2023/07/CommitteeNominationForm_20230731.pdf

Hearing Loop

I understand that the Hearing Loop in the Arts Centre Theatre has finally been repaired.

Speakers

Unfortunately our August speaker Sue Kittow had to cancel her talk due to illness. We hope to rebook Sue for next year.

Our next speaker will be on Thursday 7th September. Malcolm Gould will be sharing with us “The History of China Clay in Cornwall”.

We would ask all members attending Speaker Meetings to please consider that the volunteers in the kitchen, group leaders in the assembly room and the committee need time to clear up **before** the start of the talk. Please do not expect drinks to be served, or to make payments for events or prepayment cards after 10.15am.

New Groups

Members On Their Own

As u3a members we know events and activities are more fun together. If you are on your own and want to meet others and share activities this may be the group for you.

Contact: ursula.cootes@staustellu3a.org

Poetry

This Group is intended for those who like reading and discussing poetry. Contact: david.hooper@staustellu3a.org

Singing for Fun

Singing for Fun' is a new group being formed in our U3A, and is exactly what it says: people getting together to sing just for fun! It isn't a choir, and you definitely don't need to read music. We are going to meet on the last Thursday in the month, and the first session will be on 28th September at 2pm at the Arts Centre. At that session we will have a brief discussion on the type of songs we like, so that together we can plan what we want to sing in the coming months. We are very lucky to have Anthony, our accompanist, who will provide a guiding hand on tune and tempo!!

Contact: anthea.mcwatt@staustellu3a.org

Other Groups News

Outreach Group

Joan Hooper has agreed to lead this group temporarily until a new leader can be found.

Contact: joan.hooper@staustellu3a.org

2024 Tour of Montenegro

We now have 18 members going on the tour. Only 6 places left for double/ twin rooms. There are No single rooms left.

When - 10 October 2024.

Tour - MONTENEGRO: BUDVA, CETINJE and the BAY OF KOTOR

The tour is for 8 days/ 7 nights.

Day 1 - travel and settle into hotel

Day 2 - Budva tour with local guide followed by wine tasting at Sipcanik wine cellar.

Day 3 - Into the Lovcen National Park in the mountains. Then on to Cetinje the old royal capital and a visit to the Royal Palace of King Nikola.

Day 4 - Out to STARI BAR, a fortified town; then onto the Albanian border town of SHKODER.

Day 5 - the BAY OF KOTOR, the marketing Venetian fortifications. Onto nearby Perast.

Day 6 - the entire day to further explore Budva; perhaps visit the monasteries; the bronze ballerina; churches.

Day 7 - OSTROG monastery, set 900 metres in the cliff above the valley; fresc and mosaics; then onto Lake Skader for a cruise.

Day 8 - return home.

This Tour for 2024 just became available, so I have reserved most of the accommodation with Riveira travel from Gatwick Airport.

We would fly from Gatwick early on the 10 October. (This year the flight leaves at 06.40 but it may change to later for 2024). The flight is to Tivat, with a transfer time of 40 minutes. The HOTEL is currently the HOTEL AMI classed as a 4 star Superior. At the hotel we will have breakfast daily and 4 evening meals on days 1,4,5 and 7.

The price quoted is:

Double Full Balcony or Twin £1199 per person;

Double deluxe Seaview full Balcony an extra £89 per person: they have very few of this type of room but can request more.

To these prices will have to be added the coach cost to Gatwick and a night at the Premier Inn, approx £120 to £150 per person.

For more information or to book contact
roger.jones@staustellu3a.org

Short Walks

The next walk is on 25th August in Bodmin. The full list for 2023 is available on the website. Please contact Roger Jones if you would to join the walks. roger.jones@staustellu3a.org

Christmas Event 2023

Last Christmas groups worked together to produce a fabulous event. We would love to make this year's event even better. Please give some thought to how your group could get involved. Contact maryanne.thomas@staustellu3a.org

If you are a Social Media user you can follow St Austell u3a on:

Facebook : <https://www.facebook.com/StAustellU3A>

Instagram: <https://www.instagram.com/staustellu3a/>

Twitter: <https://twitter.com/@StAustellU3A>

Please like, share and retweet.

Best Wishes

Chris Crane

(Please do not reply to this email)