The November walk was led by Sharon Wood.

Thank you walking friends for a lovely woodland walk and good company. Although muddy in parts, it was a fine day, a sighting of a Kingfisher; always a treat.



The walk was approximately 9-9.5 miles an easy/moderate walk from Lostwithiel across Duchy land and through Lanhydrock woods.

A refreshment stop at the cafe and then a return journey through the walking/cycle paths in the top wood down to the river. We followed the Fowey along paths, woodland and back to the Duchy gate, where we returned to Lostwithiel and home for a cup of tea.



Sharon, Jan, Sue, Stephen, Geraldine, Heather and Chris