

St Austell u3a June 2026 Newsletter

This month's Newsletter is a little later than usual and a little briefer as we have been away enjoying ourselves in the Dordogne for the last 5 weeks!

Arts Centre

The Arts Centre car park has been resurfaced and those nasty potholes are a thing of the past.

Speakers

Over £80 was raised in donations following the talk from the Three Bays Wildlife Group in May.

Our Speaker on 4th June was Elaine Dyer from Cornwall Hospice Care. I am pleased to confirm that a total of £115 in donations was raised from Elaine's talk. This is an amazing local charity which provides care services and community support.

<https://cornwallhospice.org/>

Our next talk will be Thursday 2nd July when our speaker will be a representative from **Hearts Together** – A charity which set up a Hospital Hotel which supports patients receiving treatment at Derriford.

<https://www.heartstogether.org.uk/>

Groups

Painting for Pleasure

The Painting for Pleasure Group recently held a workshop with Dina modelling with her Cello. Everybody worked hard and really enjoyed it.



Science Group

On Friday 8th May the Science Group spent a very interesting morning at St Austell Printing Company. This is a family-owned business which has expanded from a shop in St Austell town centre to a large factory on a new industrial estate on the edge of St Austell. The host was Beth Mayman, the daughter of founder Peter Moody, her position is Operations Manager.



The group were given an introductory talk about the history of the firm, before being taken onto the factory floor for a tour around. The Company undertakes a full range of printing,

everything from simple personal requirements to book covers, sustainable packaging, playing cards and greeting cards. They have the capacity to print a very large range of shapes and sizes. While there, they saw this year's Christmas cards and next year's Valentine cards being printed.



Very little of the printing machinery is still made in the UK, most of their machinery comes from Germany and Japan. The company is very eco-friendly, the factory was designed to be virtually energy self-sufficient. They fully offset their carbon footprint. Where the roof doesn't have solar panels, it has grass. All waste paper is recovered and sold to be recycled.

All who went on this visit had a very enjoyable morning.

Heligan Walks

The Heligan Gardens group meet at 11.00am every second Monday in the month.

Here is a photo taken on the most recent walk.



Short Walks

Here is a group photo of the walk from Vault Beach to the Dodman on 22nd May.



The next u3a Short walk scheduled is to Bodmin on Friday 26th June. The walk is approx. 2 and a half miles and we will park at the Camel Trail car park which is next to the Borough Arms pub. Parking is free.

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Travellers' Tales

The Travellers' Tales group will be doing something a bit different at their next meeting, on Friday 3rd July at 2pm.

Many of you know Wendy Bennett, who has been a u3a member and group leader for many years. You may not be familiar with Wendy's amazing life story, which has included living in and travelling to many countries.

Wendy will be giving a talk about her life in travels, in an informal setting (no slideshow). You are welcome to join us even if you don't normally come to the group. Remember to bring your payment card,

For further information

CONTACT: sally.haywood@staustellu3a.org

If you have any ideas for new groups, please don't hesitate to discuss with Ellie Evans our Groups Co-Ordinator. CONTACT: ellie.evans@staustellu3a.org

Don't forget to tell me of any interesting events your Group may have participated in, and include photos whenever possible. I am sure all members would enjoy hearing about them in this newsletter.

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Instagram: https://www.instagram.com/staustell_u3a/

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Chris Crane